

INFANT SAFE SLEEP POLICY

1. All employees of FaithWorks Early Care and Education Center will attend a Safe Sleep training that has been approved by the Missouri Workshop Calendar upon hire and are required to renew their training at least every 3 years.
2. All children less than 12 months old will be placed on their backs.
3. If your child requires any alternate sleep positions or special sleeping arrangements that may differ from our policies, we **MUST** receive a written statement from the child's licensed health care provider. If we do not have this, we will continue to place your child on their back to sleep.
4. Infants will always be supervised during sleep. This includes:
 - a. Periodically checking the infant in their crib to ensure they are not overheated or in distress.
 - b. Employees positioning themselves to maintain sight of the infants at all times.
 - c. Having enough lighting in the room to maintain sight of all infants.
 - d. Not using any sound machines that would interfere with the ability to hear a child in distress.
 - e. No cribs or playpens will have blankets or any items that may cause a child to become in distress.
5. Cribs and playpens will have firm mattresses and tight-fitting sheets. All cribs and playpens will be free of loose bedding, which includes bumpers, pillows, soft toys, blankets, bibs or infant positioners, and any other similar items.
6. Only sleep clothing that is designed to keep an infant warm without the hazard of covering the head or face may be used during sleep time. This includes: wearable blankets, such as sleep sacks, sleep sacks with a swaddle attachment or swaddle wraps.
7. Pacifiers shall not be hung around an infant's neck and no mechanism shall be used to attach pacifier to infant during sleep time.
8. No infants head shall be covered during sleep time.
9. Infants who fall asleep in sitting devices such as car seats, swings, or anywhere other than cribs or playpens will be moved to cribs or playpens for the rest of their sleep times.
10. Infants unable to roll from their stomachs to their back or back to stomach will be placed on their back when found face down. Infants who can easily turn from their stomach to their back or back to stomach, will initially be placed on their back, but will be allowed to adjust to the position they prefer to sleep.
11. There will be no smoking in or around the childcare facility.
12. Parents or guardians of each infant in our care will be given a copy of the FaithWorks Early Care and Education Center's Safe Sleep Policy upon enrollment.

I have read and fully understand FaithWorks Early Care and Education Center's Safe Sleep Policy.

Child's Name

Date

Parent Signature